

Am I covered by the WCB if I have PTSD or another psychological injury?

Work-related psychological injuries, including PTSD, have always been and continue to be covered by the WCB.

What is the PTSD presumption?

As of January 1, 2016, if a worker in Manitoba is exposed to certain types of traumatic events and is diagnosed* with PTSD, the WCB can presume the PTSD is caused by the worker's employment, unless the contrary is proven. This is called "presumptive coverage."

The WCB will continue to adjudicate claims involving PTSD in the same manner as other psychological injuries. The presumption only applies to certain types of cases involving PTSD and does not apply to other work-related psychological injuries. If there is evidence that the PTSD was caused by something unrelated to the worker's job, the presumption may be rebutted.

Do I have to work in a certain occupation to be covered by the PTSD presumption?

PTSD presumptive coverage applies to all workers covered by workers compensation in Manitoba and recognizes that PTSD-triggering events can happen in any workplace.

What if I suffered a psychological injury many years ago? Am I still covered?

The legislation is tied to a **current diagnosis** of PTSD; therefore, if you are diagnosed with PTSD after January 1, 2016, the presumption may apply.

Does PTSD presumptive coverage guarantee that my WCB claim will be accepted?

The WCB will investigate each claim individually to determine if it is acceptable under the presumption or other sections of *The Workers Compensation Act* and WCB Policies. The presumptive coverage does not guarantee that your WCB claim will be accepted.

Does the PTSD presumption give workers special benefits?

The PTSD presumption relates to the cause of the injury. It has no impact on benefit levels.

What types of treatments does the WCB cover?

Some of the costs directly related to your psychological workplace injury that may be covered include:

- counselling services
- medication (including prescriptions)
- other healthcare costs related to your workplace injury.

Check with us before receiving treatment to make sure your expenses will be covered.

* The worker must be diagnosed by a physician or psychologist in accordance with the most recent *Diagnostic and Statistical Manual* published by the American Psychiatric Association.

